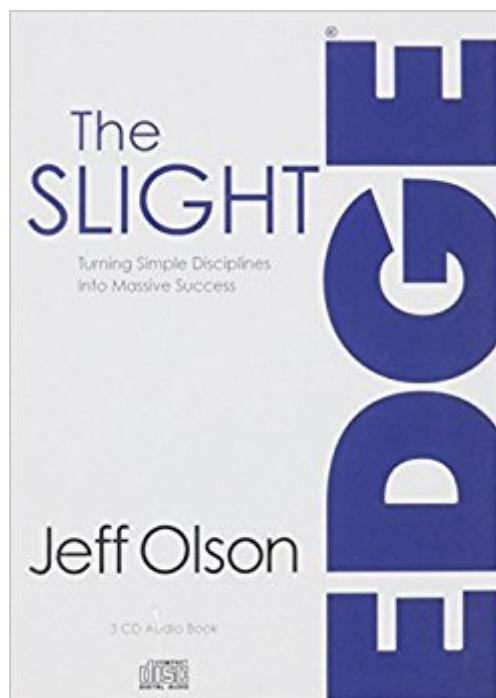


The book was found

The Slight Edge: Turning Simple Disciplines Into Massive Success



Synopsis

This abridged audio book of Jeff Olson's best selling book, The Slight Edge, shows how you can create power-house results from simple daily activities. The abridged version is read by professional voice talent with exclusive LIVE! opening by Jeff Olson himself!

Book Information

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Customer Reviews

This abridged audio book of Jeff Olson's best selling book, The Slight Edge, shows how you can create power-house results from simple daily activities. The abridged version is read by professional voice talent with exclusive LIVE! opening by Jeff Olson himself!

I really enjoy this book. It validates me for the things I have done right or am currently doing right and it keeps me on the right path. I have recommended it to my friends that are going through AA/NA and to my family. If you like self help books then this is a must have. I have this book in paperback, kindle and audio!!! When ever I need encouragement, it's at my fingertips. Audio is my favorite. I have 3 kids and anyone with kids knows that as soon as you curl up with a good book, they need something! lol My commute to work is now my way of staying focused.

The Slight Edge philosophy means everything to me. I love the idea of baby steps everyday. I need to think like that because it is less stressful for me. Just 10 pages of a good book. Why not learn in your car with audio tapes. The Slight Edge philosophy is a simple philosophy that will keep you

headed toward your goal without becoming unmotivated. This philosophy has changed my life, because no matter what, you can keep going and all of the small steps will take you where you want to go. Right now, I am trying to watch less television and use that time to improve my brain in some way.

Like most of these books, it could have been a brochure. Main point he made is common sense. The little things you do on a daily basis have a cumulative effect over time. This can lead you to the path of success or non-success.

It's a good book. He does a LOT of repeating. A couple of times I thought I accidentally pushed the "back" button on my player, because he was saying the same thing from the previous chapter. The information is very good, but it doesn't need to be in a 3 CD format. All of this information could have fit on one CD - if it wasn't continuously repeated.

Jeff Olson sets the stage by asking the all important question why are some people in better physical health, better off financially, great personal relationships and more free time? it's their philosophy the way they think and what they believe! the right habits and actions compounded over a long period of time that takes them to success.. while unsuccessful people make daily errors in judgment habitually over a long period of time and leads them to failure, and anyone at anytime in their life can make a choice to change.No secrets in this book, just time tested wisdom and universal laws that can be applied by anyone committed to their success.

There are a lot of books out there about goal "setting"....this one is about goal "achieving". There are many insights in his book, but the one that resonated with me was this: "The reason so many people fail in life is that the things that are easy to do are also easy not to do!" Jeff O. will give you the strategies and techniques necessary so that you'll avoid falling into this trap. This book actually changed my way of setting and achieving goals. I highly recommend this book!

It was spoken a bit too fast at the beginning of the cd. I would love to see the book on audible audio. It is the type of information you want to hear repeatedly. I love how in the book the author encapsulates the main points at the end of each chapter. All of his ways of wording this wisdom have sticking power! That is crucial to making it work in real life. Thank you for your service!

Kept hearing so many people saying great things about this book. A few good tidbits but to me most of the info is just repeated over and over said in different ways and plain common sense that I'm already doing.

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